

# TODDLER NEWS

A P R I L 2 0 2 3

## THIS MONTH RECAP

Good bye March! we covered the themes all about me, where we discovered where each of us came from and what we all like to do. DR Seuss week, where we explored a few books by counting, experimenting and creating. We had some exciting members of our society to come in and explore their professions with us.

## WHATS NEW ?

Hello April! This month we will explore the themes Easter fun, the sun, and planting. All these themes fall under our big celebration of Earth day. Our aim is to encourage the children to enjoy taking care of the environment around us by growing and nurturing plants. In turn the earth will take care of us.

## BIRTHDAYS

6TH

Rosemary turns 2

18TH

Lineo turns 3

27TH

Manuela turns 2

## UPCOMING EVENTS

7TH-10TH

Easter Break

11TH

Back to school

21ST

Eid

22

Earth day

28TH

Kenneth Kaunda day

## THE IMPORTANCE OF ROUTINES

Daily routines provide a consistent pattern for learning, meals, rest and outdoor play. The predictability of the routine helps children feel secure and positively influences their emotional, cognitive and social development. A routine is based on habit and follows the same sequence daily. Routine is knowing what comes next. This way it becomes a ritual that allows us to reach our goals no matter how small. They are beneficial for children who are still learning about the world and their place in it.

A huge benefit of having a routine at home is consistency between school and home increasing predictability this way the child is sure of how their day will turn out.

“EVERYTHING YOU SAY TO YOUR CHILD IS ABSORBED, CATALOGUED AND REMEMBERED.” MARIA MONTESSORI

"Some tips on how to implement a successful toddler routine.

\*A consistent bedtime and adequate sleep.

-Have a consistent bed time based on your child's natural rhythm.  
-Have relaxing activities such as taking a bath or reading a book in your routine.

\*Enjoyable meal time routine. This way you can spend time together.

-Encourage your child to help prepare the meal, setting the table or cleaning up.

\*Self care routines

- This is one way to encourage independence, prepare the environment according to what your child can do themselves.

\*Give visual or vocal cues on what is about to happen next.

-sing a song before each transition.

\*Be consistent with your routine.

Learning through our community. Each visit taught us the sky is the limit.



Working on refining our fine motor skills, by opening and closing, stacking, pressing, rolling and sweeping.



'What the hand does the mind remembers'  
Maria Montessori.  
Using our senses to explore.





Exploring colors, letters, numbers ,  
 shapes.Exploring how to pour,slot and making  
 friends.



"No one can be free unless he is independent. There for the first active manifestations of the child's individual liberty, must be guided that through this activity he may arrive at independence."  
 Maria Montessori.